

Item	g	oz	lbs	Notes
"Plug-it In's" 2018 Uinta Highline Trail Gear List				
Backpack				
Zpacks Arc Haul (Spring 2017)	773.94	27.30	1.71	Short torso & (M) hip belt w/ 2 hip belt pouches (made of black on black grid stop, a one of a kind pack originally made for Will Wood
Backpack Subtotal	773.94	27.30	1.71	
Shelter System				
Zpacks Camo Duplex (2018)	616.00	21.80	1.36	Camo Duplex Tent
Zpacks 6" Titanium Tent Stakes (6) + DCF Stuff Sack (2016)	33.00	1.10	0.07	I use the 6 stakes to anchor the 4 corners and 2 end wall tie-outs
Zpacks 6.4" Carbon Fiber Stakes (2) (2018)	12.40	0.44	0.03	I use the 2 carbon fiber stakes to anchor my 2 door/entry areas
Shelter System Subtotal	661.40	23.34	1.46	
Sleeping System				
Thermarest NeoAir XLite (Regular) (2016)	340.19	12.00	0.75	Thermarest Neo Air XLite w/o a stuff sack
Zpacks 20F Sleeping Bag w/ DCF Dry Bag (2018)	694.00	24.10	1.51	I've used this bag for well over 100 nights. Lightweight and dependable
Sea To Summit Aeros "UL" Air Pillow (Regular) (2016)	87.88	3.10	0.19	This has been a dependable pillow and it's very comfortable
Sleeping System Subtotal	1122.08	39.20	2.45	
Cook Kit				
Justin's Almond Butter Jar	42.52	1.50	0.09	Used to cold soak oatmeal in for breakfast
Vargo Outdoors Titanium Long Handle Spoon (2017)	17.01	0.60	0.04	Just in case I decide to cook food
Cook Kit Subtotal	59.53	2.10	0.13	
Packed Clothes				
Darn Tough Socks (L) (2016)	42.52	1.50	0.09	I keep a clean pair for camp or in case 1 pair gets damaged
GooseFeet Gear Custom Down Jacket (L) (2018)	232.47	8.20	0.51	8D shell/inner, 4 oz 950 DownTek treated down fill... Yep! It's warm
Black Rock Gear Wooly Beanie (M)	31.18	1.10	0.07	Used as a first layer for my noggin
Black Rock Gear Down Hat (M)	29.36	1.01	0.06	Keep my noggin warm!
Outdoor Research PL150 Gloves (L)	29.75	1.40	0.09	To keep my digits warm...
Packed Clothes Subtotal	365.29	13.21	0.82	
Rain Gear				
Zpacks Vertice Rain Jacket (L)	181.44	6.40	0.40	Pit zips, adjustable hood, wrist and waist cinch. Large chest pocket.
Zpacks Vertice Rain Pants (M)	105.00	3.60	0.23	Pants to keep wind off my legs or if I get cold
Zpacks Rain Kilt (Proto Type)	71.00	2.50	0.16	Prototype rain kilt to test performance for Zpacks
Rain Gear Subtotal	357.44	12.50	0.79	
Everything Else				
BeFree Water Filter	48.76	1.72	0.11	To filter my water...
32oz Poweraid Bottle x 2	73.71	2.60	0.16	Drinking vessels... Keep 1 in shoulder pouch and the other in side pocket. Will swap them out as needed.
Vargo Dig Tool	17.01	0.60	0.04	To dig a potty hole...
GaShua Tool	0.24	0.90	0.06	Tool for doing Astym Therapy
1 Gallon Ziploc Bag	9.07	0.32	0.02	Garbage bag.
Travel Toothbrush	11.34	0.4	0.03	To brush my teeth...
Message Cream Inside Hard Container	22.00	0.80	0.05	To assist in Astym Therapy
Hygienna Solo Portable Bidet	9.07	0.32	0.02	Instead of using TP. More environmentally friendly
Everything Else Subtotal	191.20	7.66	0.48	
Electronics				
Ultrapod Tripod & Ulanzi ST-03 Smartphone Mount (2018)	51.03	1.80	0.11	Tripod. Can attach to trekking pole handle for selfie stick.
Suntactics sCharger-5 (2017)	209.79	7.40	0.46	Will attach to backpack during the day and/or set out when stopped for breaks to keep Anker battery pack charged up!
Anker Powercore 13,000 mAh Battery Pack & Cord (2018)	249.48	8.80	0.55	3.2' USB to Micro USB/Lightning cord/USBC cord. Charge solar panel during the day then charge phone & watch w/ battery pack at
GoPro Hero 5 Session + Housing Mount (2017)	113.40	4.00	0.25	GoPro Hero 5 Session for shooting video
Black Diamond Spot Headlamp w/ Batteries (2017)	90.00	3.20	0.20	Headlamp
Extra mini SD cards (2017)	31.00	1.10	0.68	7-64 gb mini SD cards
Electronics Subtotal	744.69	26.30	2.26	
Total Base Pack Weight (BPW)	4466.77	151.61	10.09	Combined weight of all of the above.
Consumables				
Food	4082.33	144.00	9.00	1.5 lbs/day x 6 days.
Water	1190.68	42.00	2.63	Total weight of water in the two 32 oz bottles.
Ibuprofen x 30 (200 mg)	10.21	0.36	0.02	To help with minor pain and discomfort
Dr Bronners in Small Dropper Bottle	40.26	1.42	0.09	Cleaning hands, butt, bathing, dishes, clothes, brushing teeth...1 oz in squirt bottle. Scent free.
Consumables Total	5323.47	187.78	11.73	
Total Pack Weight (TPW)	9790.24	339.39	21.83	This is my total pack weight. This weight includes the BPW, plus all of the consumables.
Clothing Worn & Items Carried				
Darn Tough Socks (L)	42.52	1.50	0.09	Running socks (no show)
Exofficio Boxer Briefs (9" Inseam)	73.71	2.60	0.16	Breathe well and wicks moisture
Under Armour Stretch Shorts	147.42	5.20	0.33	Dries quickly
Patagonia Capilene Daily Long Sleeve Shirt (L)	155.92	5.50	0.34	lightweight, dries quickly and has a UV rating of 50 SPF
Zpacks Trucker Hat	59.53	2.10	0.13	Old style made by Head Sweats. Mesh back allows for air flow.
Brooks Caldera 2 (USM 11.5)	632.19	22.30	1.39	trailrunners
Dirty Girl Gaiters	68.04	2.40	0.15	Keeps the bottom of my pants somewhat clean and dry and stuff out of my shoes!
Zpacks Carbon Fiber Trekking Poles	347.00	12.20	0.76	lightweight and dependable
Zpacks Cuben Fiber Wallet Stuff Sack w/ Cards & Cash	23.81	0.84	0.05	License and debit card, & \$200 cash, all stored in zippered cuben stuff sack. Carried in zippered pants pocket.
Wiley X Prescription Sunglasses	34.02	1.20	0.08	Prescription sunglasses
NorthNorth Wool Handkerchief	34.02	1.20	0.08	Multifunctional garment to help with keeping sun and bugs off. Plus more uses.
Worn/Carried Subtotal	1618.19	57.04	3.57	

<i>Item</i>	<i>g</i>	<i>oz</i>	<i>lbs</i>	<i>Notes</i>
Total Skin Out Weight	11408.44	396.43	25.39	This is the total sum of everything I will have with me, and at the heaviest point (w/ full resupply). Minus dirt of course!